

**BACHELOR OF ARTS DEGREE – EXERCISE & SPORT SCIENCE** – (a minor is optional with this degree)

<b>DEGREE REQUIREMENTS</b>	<b>HOURS</b>
<b>I. MAJOR: EXERCISE &amp; SPORT SCIENCE</b>	<b>30</b>
<i>Required:</i>	
EX 1302 Foundations of Exercise & Sport Science	
EX 1304 Spring Sports & Activities	
EX 2302 Fall Sports & Activities	
EX 3302 Prevention & Care of Activity-Related Injuries	
EX 3304 Biomechanics of Human Movement	
EX 3306 Current Issues in Exercise & Sport Science	
EX 3308 Tests and Measurements	
EX 3376 Human Anatomy and Physiology of Exercise	
EX 4301 Wellness	
EX 4304 Advanced Principles of Exercise and Sport Science	
<b>II. FINE ARTS</b>	<b>6</b>
FA 1101, 1102, 1103 + 3 hours of Art, Drama or Music	
<b>III. LITERATURE, LANGUAGE AND COMMUNICATION</b>	
English 1311, 3300 + 6 hours Sophomore Literature	12
Foreign Language*	6
Speech 1321, 1341, 2333 or 3391	3
<b>IV. SCIENCE AND MATHEMATICS</b>	
Science (Students take 6 hours in one area--Biological or Physical--and 3 hours in the other.)	9
Biological Science: BL 1301, 1302, 3311, 3312	
Physical Science: CH 1303, 1304, 1401, 1402; EG 2300	
ES 1303,1304,1300,1373	
PY 1300, 1310,1401,1402,1404	
Math - Satisfactory Math placement test scores + 3 hours from:	3
MT 1301, 1303, 1305, 1306, 1411, 2412	
<b>Basic Proficiency Requirement in Information Technology</b>	
(Students must achieve a passing score of 170 or higher on the iSkills test)	
<b>V. SOCIAL SCIENCES</b>	<b>15</b>
This requirement can be fulfilled by the following courses.	
No more than 6 hours may be taken from one department.	
Business Administration: BA 1310, BA 3325	
Criminal Justice: CJ 2300, 3300	
Economics: EC 2301, 2303	
History: HS 1301, 1302, 1303, 1351, 1352, 3312	
Political Science: PO 1311, 1312, or PO 1314	
Psychology: PS 1301, 3386	
Sociology: SC 1311, 3321	
<b>VI. SYNOPTIC STUDIES</b>	
Philosophy 1310, PL 2332 + 3 advanced hours	9
Theology 2301 + 3 hours from: TH 3301, 3302, 3330, 3332, 3334, 3350, 3352, 3356, 3380, 3382	6
<b>VII. ELECTIVES</b> (or Minor 18 hours; Electives 11 hours)	<b>29</b>
<b>VIII. TOTAL HOURS</b>	<b>128</b>

\*6 hours of Intermediate level (2311, 2312) in a language in which the student has prior knowledge or training, meaning he/she speaks the language or took it in high school. Or, 6 hours of Elementary level (1311, 1312, in which he/she has no prior training or knowledge. Or, 12 hours of CLEP credit.

*Philosophy, Math and Theology courses cannot be transferred after matriculating at St. Mary's University.*

**EXERCISE & SPORT SCIENCE MINOR - 18 semester hours**  
**EX 1302, EX 3302, EX 3304, EX 3376, EX 4301, 4310**