
Four locations

St. Mary's Family Life Center

Treadaway Hall
One Camino Santa Maria
San Antonio, Texas 78228

Ft. Sam Houston

Dodd Field Chapel
1700 Dodd Blvd.
San Antonio, Texas 78154

The Family Support Center

Schertz-Cibolo-Universal City ISD
1060 Elbel Rd.
Schertz, Texas 78154

Guadalupe Valley Christian Counseling Center

314 N. Austin St. Suite 111
Seguin, Texas 78155

ST. MARY'S UNIVERSITY



The Military Family Service Center

Department of Counseling
and Human Services
One Camino Santa Maria
San Antonio, Texas 78210
(210) 431-4394

www.stmarytx.edu/militaryfamily

A Catholic and Marianist
Liberal Arts Institution



The Military Family Service Center

A counseling center for the
military and their families

St. Mary's University

The Military Family Service Center

Who we are

These are complex times for military service members and their families. With increased deployments to Iraq and Afghanistan, service members and their families are facing a host of challenges in their careers and personal lives.

The Military Family Service Center is a non-profit organization which provides counseling services to the military and their families. With four convenient sites you can be confident you'll get the confidential and personal care you need and deserve.

Our Services

Individual counseling

Individual counseling is available to those who need someone to listen and who will not judge. Individual counseling can help with grief, loss, and personal well being.

Family Play Therapy

Family Play Therapy focuses on the stresses of deployment, reunification, and traumatic injuries that affect both parents and children.

Marital Therapy

Couples therapy focuses on the problems existing in the relationship between two people with special attention paid to the stressors of deployment.

Neurofeedback Therapy

Neurofeedback Therapy, a form of biofeedback using electrophysiological measures, has shown positive changes in the treatment of depression, anxiety, and post-traumatic stress disorder.

No cost to you

The Military Family Service Center can provide up to **10 free sessions** of counseling services to OIF and OEF military members and their families. Additional sessions will be based on a sliding fee scale according to each families' income. All services will be provided by advanced graduate students under supervision by trained professionals.

The Military Family Service Center is supported by the Texas Resources for Iraq-Afghanistan Deployment (TRIAD) Fund of the San Antonio Area Foundation (www.saafdn.org). For more than 40 years, the San Antonio Area Foundation, a publicly supported philanthropic institution, has been administering donors' funds and granting gifts from those funds to worthy charitable causes that significantly enhance the quality of life in the communities they serve.

**To schedule an appointment
call 210-431-4394**

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